



Friday is the final day of  
Anti-Bullying Week.

We would like children and  
staff to wear **BLUE** (this is the official  
Anti-Bullying colour)

No football kits please

The "fine" for not wearing uniform is £1  
for children and staff.

Face painting of the Anti-Bullying blue  
ribbon is 50p



The day will end with a Sharing Learning  
Assembly at 2:30 p.m. - **Parents are  
welcome to come along.** Children will sing  
the Anti-Bullying song they have learned  
this week

Below is advice for parents from the Bully Busters website.

Year	Theme
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- ✓ **Watch what you say.** Children are very sensitive to parents' words. Remember to praise your child not only for a job well done, but also for effort.



- ✓ **Be a positive role model.** If you are excessively harsh on yourself, pessimistic, or unrealistic about your abilities and limitations, your child may eventually mirror you. Nurture your own self-esteem.



- ✓ **Be spontaneous and affectionate with your child.** Your love will go a long way to boost self-esteem. Give them hugs, tell them you're proud.



- ✓ **Give positive and accurate feedback.** A comment such as, "You always do stupid things" makes your child feel they are useless, try to explain what they did and discuss how they may do it differently next time.



- ✓ **Create a safe, nurturing home environment.** A child who suffers from low self-esteem will be lacking in confidence. A child who is exposed to fights or arguments at home may become depressed and withdrawn. Never allow your child to hear you talking negatively about teachers or other children's parents.

*Please see over for Class Themes for the day.*

<b>EYFS</b>	Overview on bullying then practical Strategies for dealing with it
<b>Y1</b>	Overview on bullying then practical Strategies for dealing with it. Focus on spotting signs, symptoms and effects of bullying
<b>Y2</b>	Overview on bullying then practical Strategies for dealing with it. Focus on racist bullying
<b>Y3</b>	Overview on bullying then practical Strategies for dealing with it. Focus on physical and hidden disabilities
<b>Y4</b>	Overview on bullying then practical Strategies for dealing with it. Focus on cyber bullying
<b>Y5</b>	Overview on bullying then practical Strategies for dealing with it. Focus on gender bullying
<b>Y6</b>	Overview on bullying then practical Strategies for dealing with it. Focus on homophobic bullying