

# Newsletter

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# March

## 2023

It has been a busy half term as usual and as we approach the Easter holidays, I am sure that the children and staff are looking forward to a well-earned break especially with the nights getting lighter. I would like to take this opportunity to thank the staff for the commitment and combined with the enthusiasm and resilience of our children, means that St Finbar's continues to thrive throughout the year. I would also like to thank you all for your continued support.

### NSPCC NUMBER DAY

On Friday 3<sup>rd</sup> February we took part in the NSPCC Number Day.

All the children had the opportunity to work on some exciting maths puzzles and challenges in class as well as taking part in *Dress up for Digits*. Our children and staff looked fantastic.

We raised £ 114.80 for the NSPCC and wish to thank you all for your generous support.





## ATTENDANCE

### ATTEND TODAY ACHIEVE TOMORROW



Excellent attendance and punctuality are a fundamental and important part of a child's education. It helps children achieve their goals in life. When a child's attendance and punctuality falls below expected standards, school has to respond to that. When a pupil misses too much school it negatively impacts them by: losing touch with friends, they may become anxious

and find it difficult to come into school and they will have gaps in their learning. If a pupil arrives late to school regularly their learning begins to suffer. They are missing learning opportunities too.

I hope we can rely on your co-operation in having your child in school and on time; 'In by five to nine, every time'

@stfinbarsatt (Twitter)



Congratulations to Year 4 and Year 6 who achieved 98.8.7% attendance from 30<sup>th</sup> January to 24<sup>th</sup> February 2023.



Congratulations to Yadiail and Nero who are the **Year 4 Superstar Readers**, who read throughout the half term break!



**Year 3** have all been practising their times tables by completing a TT Rockstars Tournament. Their times tables have really improved, most of the class can now complete their 30 times table questions in 5 minutes. Miss Osborne is so proud of them all.

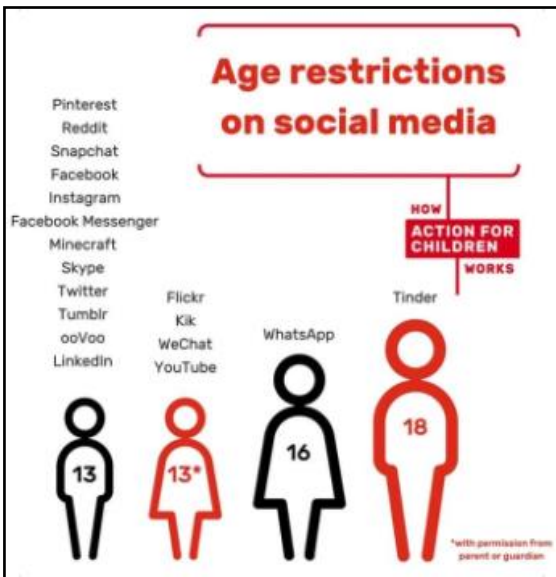


## ST FINBAR'S EUROVISION

This year Liverpool are the proud hosts of Eurovision 2023. In light of this, we are going to be having our very own 'St Finbar's Eurovision' on 31<sup>st</sup> March. Each class will be learning a song in a different European language and they will present it to the rest of the school.

Children will dress up as 'pop stars' and they will be bringing £1 in aid of a good cause (charity to be confirmed).





Tuesday 7<sup>th</sup> February was Safer Internet Day. Do you know the minimum age for social media channels?

## MENTAL HEALTH WEEK: 6<sup>TH</sup> – 12<sup>TH</sup> February 2023

Last term our children spent some time focusing on their mental health and how we can connect with others. Our children's mental health is important to us at St. Finbars. It is something we promote every day. Connecting home and school is also very important. School are always here to support Parents in promoting positive mental health opportunities. Below are some photographs of the work completed:





Studybugs is a new app that we are using to make communication between school and parents'/carers' quicker. Personal data is kept safe and secure and your data will not be shared with third parties.

It is a better, safer way to report when your child is sick and off school. With a few quick taps or clicks, you can give us all the information we need to record an absence due to illness. We are also able to email school correspondence to you in a safe and secure way.

Please download the app from the App Store or Google Play.

Please can you ensure that we have updated contact information. You can do this by calling in at the school office or by emailing [finbars-rec@st-finbars.liverpool.sch.uk](mailto:finbars-rec@st-finbars.liverpool.sch.uk)



## WE HAVE PLACES AVAILABLE FOR 3 YEAR OLDS!

*“Every child deserves the best possible start in life and support to their full potential. A child’s experience in the early years has a major impact on their future life chances. A secure, safe and happy childhood is important in its own right, and it provides the foundation for children to make the most of their abilities and talents as they grow up.” EYFS Framework*

At St Finbar’s we greatly value the important role that the Early Years Foundation Stage (EYFS) plays in laying secure foundations for your child’s future learning and development.

**We have places available on our morning session.**

Mornings (8.45 am – 11.50 am)



If you are interested in joining the ‘St Finbar’s Family’, please contact the school office and they will arrange a visit for you.

Tel: 0151 727 3963

Email: [finbars-rec@st-finbars.liverpool.sch.uk](mailto:finbars-rec@st-finbars.liverpool.sch.uk)

## REMINDER: WORLD BOOK DAY: THURSDAY 2<sup>ND</sup> MARCH 2023

Don't forget that World Book Day is on Thursday 2<sup>nd</sup> March and we would like all children to dress up in their pyjamas and bring their favourite story book to celebrate this day with us. The love of reading is a priority at our school and we believe that reading should be enjoyed as it opens a whole new world for our children.



The day will be packed full of fun reading activities. Children will be asked to donate £1 to wear their pyjamas. Toast will also be on sale at break time, 20p per slice.

## REMINDER: READATHON



Beginning **Monday 27<sup>th</sup> February**, we will be taking part in 2 week Read for Good sponsorship challenge, this motivates children to read for fun because we know that loving reading changes lives. Children will be challenged to read and finish as many books as possible. Sponsorship money will help fund books for children's hospitals and for school.

## MAGIC BREAKFAST CLUB



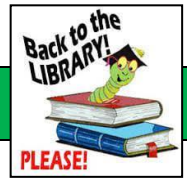
Are you aware that we have a **Free** Breakfast Club for all children:

- Breakfast Club is available to all of our pupils daily from 8.00 am and doors close at 8.45 am.
- As we have been awarded 'Healthy School' status our menu follows our Healthy Eating Policy. There is a delicious choice of bagels, toast, cereals, milk, fresh fruit and juice.
- There is no need to book just come along and join in the activities!
- Research shows breakfast is key to providing children with a great start to the day.
- We would also like to thank 'Magic Breakfast' for their continued support with our Breakfast Club.
- **Our Breakfast Club menu consists of the following:**
  - Selection of cereals
  - Beans
  - Toast
  - Water & Juice to drink

Magic Breakfast works with a network of 450+ schools across the country, giving free food.

<https://www.magicbreakfast.com/>

## RETURN OF SCHOOL READING BOOKS



If you have any school reading books at home, please can you return them to us as soon as possible. Thank you.

## COMMUNITY NEWS



Children and young people, parents and carers in crisis can access support  
**24 hours a day, seven days a week on 0151 293 3577**  
or freephone 0808 196 3550.

Visit the [emergency advice page](#) for more information.  
You can make an [online referral](#) to Liverpool CAMHS here.



Parents and carers can access the three-part "Understanding and supporting my child's ADHD" programme, which explores different aspects of living with ADHD and strategies to support it.

The programme is delivered as live-streamed online sessions, with sessions available on various dates and times, including evenings and weekends.

Referrals for the programme can be made by CAMHS, Local Authorities and Paediatrics. However, families can also self-refer to the service by completing our online referral form.

[Refer here](#)



**YPAS**

Young Person's Advisory Service



# "TEA & TALK"

PARENTS WELLBEING DROP-IN MORNINGS

Offering a range of themed  
wellbeing & self-care  
activities, hosted by our  
Parenting team



Check out the events calendar at  
[www.ypas.org.uk](http://www.ypas.org.uk) or  
scan the QR code to find out more!



Liverpool CAMHS  
mental health is everyone's business



# Training for parents/carers and professionals working with children and young people



Merseyside Youth Association's mental health promotion team (RAISE Team) deliver a range of bite-size courses covering a range of mental health issues that impact children, young people and their families.

**Bite-size sessions coming up in March, delivered via Zoom unless otherwise stated:**

Self-harm- 02/03/2023 10:00 am - 11:00 am [book here](#)

Eating Disorders – 02/03/2023 4:00 pm - 5:00 pm [book here](#)

Kinship Carers - 02/03/2023 4:00 pm - 5:00 pm [book here](#)

Social media and mental health – 02/03/2023 4:00 pm - 5:00 pm [book here](#)

Understanding Low Mood and Depression in Young People - 03/03/2023 10:00 am - 11:00 am  
[Book here](#)

Understanding and Managing Anxiety- 03/03/2023 3:00 pm - 4:00 pm [book here](#)

Suicide Awareness – 13/03/2023 9:30 am - 10:30 am [book here](#)

An Introduction to Psychosis – 13/03/2023 11:00 am - 12:00 pm [book here](#)

Resilience – 13/03/2023 3:00 pm - 4:00 pm [book here](#)

Grief and Loss - 13/03/2023 4:00 pm - 5:00 pm [book here](#)

An Introduction to Grooming and Exploitation – 14/03/2023 4:00 pm - 5:00 pm [book here](#)

Post-traumatic growth (PTG) 15/03/2023 10:00 am - 11:00 am [book here](#)

Behaviour as Communication – 16/03/2023 10:00 am - 11:00 am [book here](#)

ACEs and Trauma-Informed Practice – 20/03/2023 10:00 am - 11:00 am [book here](#)

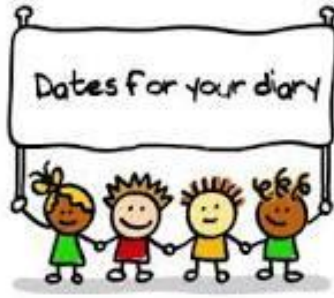
Managing Challenging Conversations - 21/03/2023 10:00 am - 11:00 am [book here](#)

Managing my stress response - 21/03/2023 10:00 am - 11:00 am [book here](#)

Managing Child Worry - 21/03/2023 4:00 pm - 4:45 pm [book here](#)

Book your training or find out more information:

<https://www.liverpoolcamhs.com/professionals/training/>



## FEBRUARY

27 <sup>th</sup> February – Friday 3 <sup>rd</sup> March	Readathon Week
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## MARCH

2 <sup>nd</sup>	Thursday	World Book Day
3 <sup>rd</sup>	Friday	Family Fast Day
6 <sup>th</sup>	Monday	Parents' Evening
7 <sup>th</sup>	Tuesday	Parents' Evening
10 <sup>th</sup>	Friday	Readathon Sponsorship Money to be in School by Today
13 <sup>th</sup>	Monday	Reading Adventure Day
15 <sup>th</sup>	Wednesday	Possible Strike Day – To be confirmed
16 <sup>th</sup>	Thursday	Possible Strike Day – To be confirmed
17 <sup>th</sup>	Friday	Mothers' Day Sale
31 <sup>st</sup>	Friday	Eurovision Concert

## APRIL

Monday 3 <sup>rd</sup> – Friday 14 <sup>th</sup> March	Easter Break	
17 <sup>th</sup>	Monday	Return to School

## KIDS CORNER

**Q:** How do we know that the ocean is friendly?

**A:** It waves.

**Q:** What do you call a rabbit who tells jokes?

**A:** A funny bunny